

## A&O x 3?

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YPS President



You've just graduated from residency, now what? Before, things were so streamlined and simple. Go to college, get into medical school, survive residency, but what's next? The opportunities are endless, but the burden of responsibility is multiplied. This is a challenging and disorienting time. A community or an academic job? How do you survive your first night

shift of single coverage? What tools will you use to pass the EM boards? It can be overwhelming.

Let AAEM/YPS orient you — you know, make you A&O x 4. We are here to support you and guide you through the transition from residency to the real world. Trust me, it's an exciting and amazing time. You're making decisions on your own, you're working less and re-entering this thing called life. Let me tell you a few ways we can help.

### New Projects

#### YPS EM Flash Facts

We are in the final stages of launching an educational flashcard app for your iPhone/iPad that allows you to review EM questions on the go. This application is a fun, interactive way to help you prepare for the boards, teach EM topics to students (perfect for new faculty), and keep you fresh on EM pearls. Look for this new benefit coming out soon. Of course, it will be free for our members!

### Networking Opportunities During Board Review

It is important to network at all stages of your career, but never more important than when starting out. During our recent board meeting at Scientific Assembly, we discussed having networking opportunities (aka social events) at the AAEM Oral Board Review Courses. So, after a day of learning you can have fun with your colleagues, start new friendships, vent, and learn from each other. Stay tuned for more information on these events.

### Oldies But Goodies

#### Common Sense & Open Mic

Do you like to write? Do you have something to say? Take advantage of the opportunity to publish in *Common Sense*. Want to break into the national lecture circuit? Sign up for Open Mic at Scientific Assembly. The winner gets to give a formal presentation at the next Scientific Assembly.

### Mentoring Program

Remember all those questions I started with? After residency it can be difficult to choose among career paths. There is the standard academic vs. community-based practice question — but there is so much more. How to advance in the practice you choose? How to read a contract, how to prepare for the boards, group vs. hospital employee? You need advice from someone who has been there. That's where our Mentoring Program comes in. You will be paired with an experienced emergency physician who has already navigated the journey on which you are embarking. We have a variety of mentors in a variety of clinical settings, and you will be matched with the mentor that fits your needs.

### CV Review Service

You are entering the job market and want to obtain a high quality job, so you're going to need a stellar CV. Let YPS help. One of our board members will personally review your CV and give you detailed feedback to make it shine.

### Insert Your Idea

YPS is your voice. We are here to support you. We would love to hear your ideas for how to make us better and fulfill your needs. Tell us what you're thinking. Better yet, join one of our committees that interests you — whether it's education, membership, editorial, or government affairs. Email us at [info@ypsaaem.org](mailto:info@ypsaaem.org) for more information.

It is now my sixth year of service in RSA and YPS. I can't tell you how honored and proud I am to be the new YPS President. I am 100% committed to continuing to advance YPS, increase membership, provide new benefits for our members, and ultimately support emergency physicians in any way possible as they start their careers. I have a strong team behind me to help accomplish that. Vice President Michael Ybarra; Secretary/Treasurer Heather Jimenez; Directors Jonathon Jones, Jeff Pinnow, Meghan Schott, and Michael Tang; and of course, Betsy Hall, our outgoing president. She left big shoes to fill, but will assist me as she continues to serve on the board as past-president.

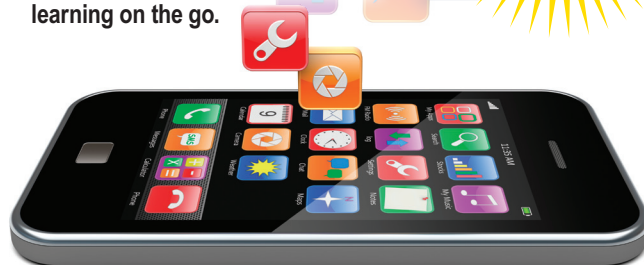
So let YPS orient you. Use us to guide you through the transition from resident to attending physician. Use your member benefits, and let us know if there are new ones you would like to see. Lean on us, and get involved so others can lean on you. We are here to make you A&O x 4. ■

## INTRODUCING EM FLASH FACTS

FREE YPS Member  
Benefit Coming Soon!

An iPhone and iPad application of  
emergency medicine questions for  
learning on the go.

1,000  
Questions



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*Invested in your future.*



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TODAY**