

Resources for Young Physicians

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It's hard to believe it's been nine months since I finally made the transition from resident to attending! While I adjusted relatively easily to my new salary and to not taking call, finding my footing as a practicing physician and educator has been a new adventure. From finding, choosing, and then securing a job, to taking boards, to learning how to balance my own continu-

ing education with shifts and academic responsibilities, each step has brought unanticipated challenges.

I was fortunate enough to discover AAEM as a fourth year medical student. Studying abroad in Israel, I had little mentorship or guidance as I entered the match process. Luckily, I discovered *Rules of the Road for Medical Students*, which held my hand and walked me through choosing electives, preparing my ERAS application, and residency interviews. I truly believe I wouldn't have matched into emergency medicine without this tremendous resource.

Through residency and my first months in practice, I continue to rely on AAEM. *A Focused Review of the Core Curriculum* was my primary study guide for in-services and boards, I counted on the yearly Scientific Assembly to keep me up to date and informed, and I received ongoing and exceptional mentorship through my committee and board assignments.

I am delighted, as YPS president, to share these benefits with all our physician members and I want to take this opportunity to remind you of our resources for young physicians:

- CV and cover letter review: Receive a thorough analysis of your CV by a member of AAEM leadership
- Mentoring program: Be matched with a mentor by academic interest, location, or career goals
- Rules of the Road for Young Physicians
- EM Flash Facts mobile board review application
- ALiEM-AAEM Social Media and Digital Scholarship Fellowship
- Publication opportunities in Common Sense
- National Scientific Assembly speaking opportunities at the AAEM YPS Open Mic Competition
- And more!

In the coming year, we turn to you to help us expand these benefits. We will be distributing a survey to all of you and will analyze the results carefully to look for ways we can provide you more value for your membership. We look forward to finding new ways to provide support, mentorship, and the highest-level educational resources to our members. Mostly, we look forward to being with you through all your exciting career transitions! ■

AAEM
Young Physicians Section

Invested in your future.



**Interested in
shaping the future of
emergency medicine?**

Become a mentor!

YPS is looking for established AAEM members to serve as volunteers for our virtual mentoring program. YPS membership not required to volunteer.

Visit www.ypsaaem.org/mentors or contact info@ypsaaem.org

 Find us on
Facebook

Are You Ready?

CV and Cover Letter Review Service: Enhance your credentials. Increase your job opportunities.

YPS Members
The Young Physicians Section (YPS) offers FREE curriculum vitae review for YPS members as part of your membership! YPS — Invested in your future.

Graduating Residents
For \$25, have your CV & cover letter reviewed by an experienced member of the YPS board! The service fee will be applied to your dues if you join AAEM as an Associate for Full Voting member. This offer is only valid for the year following your residency graduation — so be sure to take advantage of it today!

www.ypsaaem.org/cv-review
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