

# 2020 Graduates: You Don't Have to Go it Alone After Residency!

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## Greetings and welcome to the Young

Physicians Section! Every academic year brings exciting changes and this year we have many new faces on our YPS Council! We are thrilled to lead this section and hope to build upon the previous council's accomplishments.

YPS is a champion of the young emergency physician with a goal of providing support specifically for those physicians who are experiencing the exciting, but often challenging transition from resident to full-fledged attending. These truly are unprecedented times and becoming a new attending in the middle of a pandemic is not necessarily what you may have imagined. This phase in your career brings many new challenges and responsibilities. In addition to finally finishing your medical training, you may be moving across the country, or considering starting a family or buying your first home. Where do you begin? We urge you to begin here, with us.

At this moment, the landscape of emergency medicine is rocky, and the Young Physicians Section is here to help you navigate it. One particular challenge as a new attending is losing the inherent support system built into residency. That loss is felt most acutely as we step into new roles often in unfamiliar environments. We aim to provide a community for young physicians that fosters wellness and self-care, in addition to preparing you for the new clinical roles you are stepping in to. All AAEM members are eligible for free YPS membership in their first five years after residency or fellowship. YPS member benefits include:

### Board Prep: EM Flash Facts App

Board certification is a central aspect of AAEM's mission. As a newly-minted, fully-trained emergency physician, the board certification process will be an early hurdle in your career. The EM Flash Facts App – created and updated every three years by the YPS Council – is a great supplemental resource in your preparation for the American Board of Emergency Medicine qualifying exam. The app can be downloaded onto your smartphone or tablet and offers quick, high-yield facts to help you prepare for the written exam. Great for on-the-go learning!

### CV and Cover Letter Review

Take advantage of the free CV and cover letter review service available to all YPS members. Submit your CV and cover letter through the YPS webpage and it will be reviewed by a YPS Council member and returned to you with edits and comments within two weeks. Indicate your career interests – community, academic, or rural medicine, subspecialty fellowship training, etc. – and it will be reviewed by someone with a similar career background to insure that your CV is optimized for your desired career!

### Mentoring Program

The transition from resident to attending involves losing the mentorship and community that residency programs provide. Your geography, hospital system, and practice environment may change drastically with your new job. Apply for an AAEM mentor directly through the YPS webpage.



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Mentors are paired by geography, practice environment and career interests to insure that mentor and mentee share similar interests, experiences and career paths.

### Professional Development

YPS membership offers additional exclusive opportunities for authorship and networking. Always a strong presence at Scientific Assembly, YPS sponsors both the Open Mic Competition and the YPS Poster Competition on an annual basis. The Open Mic Competition allows 16 new voices the unique opportunity to speak at a national meeting, and the top two speakers are invited to give a formal presentation at the following year's Scientific Assembly. The YPS Poster Competition encourages

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members to submit abstracts for original research. The top four abstracts are selected for oral presentation with an honorarium awarded to the top three presenters. Additionally, YPS members are encouraged to submit articles for publication in *Common Sense* at any time throughout the year. A list of topic ideas can be found on the YPS webpage. These are great ways to continue to build your CV after residency!

### Risk Management Monthly

YPS members have FREE access to Risk Management Monthly, a monthly podcast hosted by Drs. Greg Henry and Rick Bukata that discusses closed claims and offers advice on risk reduction in emergency medicine. From common clinical mistakes to safe charting practices, this podcast will help you guarantee a long and fulfilling career in a litigious specialty.

### Rules of the Road for Young Emergency Physicians eBook

Finally, all YPS members are provided free access to the Rules of the Road for Young Emergency Physicians eBook. Learn about physician finance and the darker side of modern medicine that may not have been addressed during residency. With contributions from giants in our field, this is an essential resource for the newly minted EM attending! Topics covered include fee splitting and profiteering, the restrictive covenant, and the corporate practice of emergency medicine. The multimedia eBook can be conveniently accessed from your smartphone, tablet, or computer.

We want to know the incredible work you are doing to advance our specialty so we can devote our resources to helping you achieve your goals.

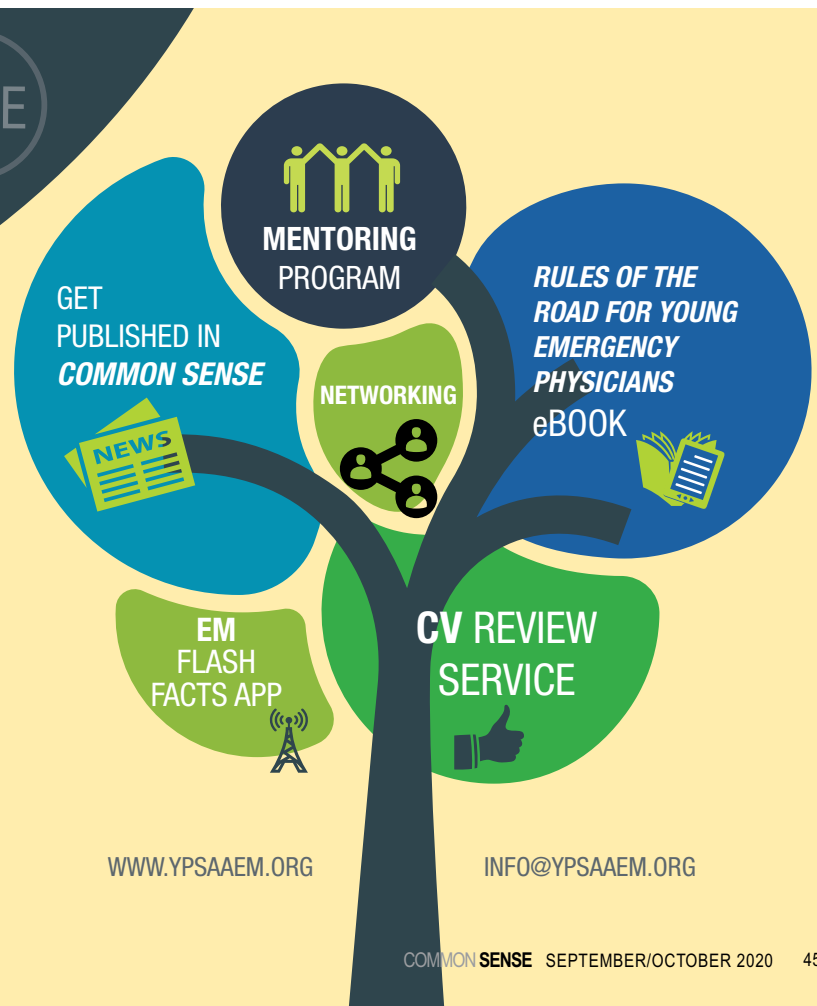
The Young Physicians Section only thrives when our members do. We highly encourage you to become involved and join one (or more!) of the YPS Work Groups: Education, Membership, Social Media, and Advocacy. We will be your platform for your ideas and your voice. We want to know the incredible work you are doing to advance our specialty so we can devote our resources to helping you achieve your goals. Please reach out to us with your ideas and let us know how we can better support our members. Follow us on Twitter @AAEMYPS and give us a shout out. ●

# AAEM Young Physicians Section (YPS)

FREE



Personalized resources for your first 5 years out of residency!



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